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Secret of Bassai Dai

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Review by Charlie

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~~Gaeshi (Swallow~~

~~Returns) Throw A~~

~~Modification of~~

~~Funakoshi's Kubi Wa~~

~~Throw Two Overlooked~~

~~Karate Takedowns!~~

~~Funakoshi 's Fumi-Kiri~~

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and Nodo-Osae

American Freestyle

Karate: The Master

Text Later version of

Funakoshi naihanchi /

tekki kata (around 1935)

Reaction to Funakoshi's

Karate-Do My Way of

Life V í deo

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Funakoshi Gichin Cup

Karate Concept:

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~~Japan. 宇佐美~~

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~~DO - MI CAMINO;~~

~~GICHIN~~

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FUNAKOSHI Practical

Kata Bunkai: Karate
Throws Gichin

~~Funakoshi O'Sensei,
Founding Father of
Modern Day Karate-
Do. Practical Kata
Bunkai: Funakoshi's
Katawa Guruma~~

~~Throw UECHI-RYU
MASTER'S EDITION
-FULL FILM + SUB'S
Funakoshi Karate
Throw Tsubamegaeshi-~~

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~~V-Turning Swallow~~

Practical Kata Bunkai:

Some Karate Gripping

Funakoshi 2, His Japan

Days MEIKYO -

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22/26 ~~Practical Kata~~

~~Bunkai: Reconstructing~~

~~Gichin Funakoshi 's~~

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~~Throws Karate Do~~

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GICHIN

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FUNAKOSHI is one of karate's great masters. Born in Shuri, Okinawa Prefecture, 1868, he studied Karate-do from childhood and organized the the first public demonstrations. As president of the Okinawa Association for the Spirit of Martial Arts, he was chosen to demonstrate karate at the First National

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Athletic Exhibition in
Tokyo in 1922.

~~Karate-Do Kyohan:
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Amazon.co.uk: Gichin~~

...

Kara-te Do Kyohan is
Master Funakoshi's gift
to mankind. An
informed study will
reveal that his focus in
life was to share his
knowledge and the

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benefits he acquired and experienced through a life of conscious self-discipline rooted in the principles of Karate Do.

~~Karate Do Kyohan:~~

~~Master Text for the~~

~~Way of the Empty ...~~

Karate-do Kyohan: The

Master Text: Written by

Gichin Funakoshi, 1991

Edition, (New edition)

Publisher: Kodansha

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America, Inc

[Hardcover] Unknown

Binding – 27 Mar.

2013 by Gichin

Funakoshi (Author)

~~Karate do Kyohan: The
Master Text: Written by
Gichin ...~~

Karate-Do Kyohan:

The Master Text.

Karate-Do Kyohan. :

Nineteen kata ("forms")

of karate--the art of self-

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defense without
weapons--are presented
here in complete detail.

They are the ones
selected by the great
master and teacher,
Gichin Funakoshi, to
give comprehensive
training in Karate-do,
the way of karate.

~~Karate Do Kyohan:
The Master Text
Gichin Funakoshi ...~~

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Karate-Do Kyohan:

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Nineteen "kata"

("forms") of karate - the
art of self-defense

without weapons - are
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complete detail. They

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~~Karate-Do Kyohan:~~

~~The Master Text by~~

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Karate-Do Kyohan.

Gichin Funakoshi.

Kodansha International

[Distributed in the U.S.

by Harper & Row, New

York, 1973 - Sports &

Recreation - 256 pages.

2 Reviews. Nineteen

kata ("forms") of karate-

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the art of self-defense
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presented here in
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the great master and
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in Karate-do, the way of
karate.

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~~Gichin Funakoshi...~~

Book name: Karate-Do

Kyohan: The Master

Text; Author: Gichin

Funakoshi; Release

date: 2013/6/23;

Publisher:

KODANSHA

AMERICA, INC;

Language: English;

Genre or Collection:

Sports; ISBN:

9781568364827;

Rating: 8.6 of 10; Votes:

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281; Review by: Homer
Saldana; Review rating:
9.38 of 10; Review

Date: 2018/9/24; Total
pages: 266; Includes a
PDF summary of 28
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The Master Text
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great master and
teacher, Gichin

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Funakoshi, to give

Gichin Funakoshi ' s

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pub- Karate-do Kyohan

is a book that lives up to

its title. Karate-do

Kyohan: The Master

Text by Gichin

Funakoshi, , available at

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Gichin Funakoshi ' s

karate books, the first

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landmarks, Karate-do
Kyohan is a book that
lives up to its title: it is in
truth the master text for

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GICHIN

FUNAKOSHI is one of karate's great masters.

Born in Shuri, Okinawa

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As president of the
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the Spirit of Martial
Arts, he was chosen to
demonstrate karate at
the First National
Athletic Exhibition in
Tokyo in 1922.

~~Karate Do Kyohan:~~

~~The Master Text:~~

~~Funakoshi, Gichin ...~~

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Karate-do Kyohan: The
Master Text: Funakoshi,
Gichin, Ohshima, T.:

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Funakoshi (Hardback,
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Funakoshi ...~~

Gichin Funakoshi ' s
karate books, the first
published in, are
landmarks, Karate-do
Kyohan is a book that
lives up to its title: it is in
truth the master text for.
At the urging of friends

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and officials, he remained in Tokyo, and the development of the way of karate owes much to his teaching, writings and introduction of new forms.

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Karate-do Kyohan is a

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book that lives up to its title: it is in truth the master text for karate instruction at all levels and in all aspects of techniques and character development.

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Booktopia has Karate-
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Master Text by Gichin

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Funakoshi. Buy a discounted Hardcover of Karate-Do Kyohan online from Australia's leading online bookstore.

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Gichin Funakoshi ...~~
Karate Do Kyohan:
Master Text for the
Way of the Empty-
Hand. Gichin

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Funakoshi, Paul Lewis
Argentieri, Harumi
Suzuki-Johnston.

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10: 1534962700 ISBN
13: 9781534962705.

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Nineteen kata ("forms")

of karate-the art of self-

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defense without
weapons-are presented
here in complete detail.

They are the ones
selected by the great
master and teacher,
Gichin Funakoshi, to
give comprehensive
training in Karate-do,
the way of karate. Fully
illustrated
demonstrations by the
translator cover not only
every technique of the

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kata but also the
fundamentals and
applications: how to

make a fist; the correct
form of the open hand;
preliminary training in
blocking, striking and
kicking; the seven
stances; and sparring.

The author presents,
besides kata that he
himself originated,
beginning and advanced
kata from both the

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Shoren school and the
Shorin school, the
former remarkable for
their forcefulness and
development of
strength, the latter
characterized by their
gracefulness and
lightning swiftness. This
book, the most
comprehensive and
authoritative ever
published, was being
revised by the author

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shortly before his death in 1957, at the age of eighty-eight, and is translated for the first time. Through his advice on both practical and spiritual aspects of training, the master guides the student from techniques to the Way of karate.

Complementing the English edition are illustrations of National

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Treasures from Kofuku-ji and Todai-ji temples in Nara and Master Funakoshi's calligraphy. Karate, whose value for the well-rounded development of strength, coordination and agility is scientifically validated, can be practiced at any time and in any place, for any length of time, by men and women of

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Myhan The Master Text
all ages, and requires no special equipment. It also fosters the

development of spiritual qualities: courage, courtesy, integrity, humility and self-control. Gichin

Funakoshi's karate books, the first published in 1922, are landmarks, for the development of this martial art in Okinawa

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was shrouded in secrecy,
and almost no records of
its early history, dating

back more than a
thousand years to the
Shao-lin Temple in
Hunan Province, China,
exist. Karate-do

Kyohan is a book that
lives up to its title: it is in
truth the master text for
karate instruction at all
levels and in all aspects
of technique and

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Myokan The
character development.

Master Text

This classic Shotokan
Karate Master Text has
been printed for the
explicit purpose of
providing an exact
reproduction of the
complete original 1935
Japanese publication,
preserving a historically
accurate archive replica
in the English language,
that now can be

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experienced and
enjoyed by all who can
appreciate its
significance. This
legacy, as is the true
goal of Karate Do, is
meant to be experienced
with mind, body, and
Spirit. Master
Funakoshi's message is
transmitted in these
pages through
philosophical thought,
physical and mental

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practice methods, and most importantly, with manifest image. Each photograph of Master Funakoshi not only demonstrates the exact form and method of each technique, but is also an archetypal key to the spiritual path he followed and exemplified. This book is a comprehensive guide for the study of

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Kyohan and is credited as

the foundation

document of the

modern day karate

movement. Inner

strength and personal

character development

are stressed through an

active daily regimen of

physical exercise and

martial technique. Kara-

te Do Kyohan is Master

Funakoshi's gift to

mankind. An informed

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Myshun The Master Text
study will reveal that his focus in life was to share his knowledge and the benefits he acquired and experienced through a life of conscious self-discipline rooted in the principles of Karate Do.

Gichen Funakoshi (1868-1957) was born in Shuri, Okinawa and, as a boy, began training with Yasutsune Azato (Shuri-te) and Yasutsune

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Itosu (Naha-te).

Through many years of diligent practice these two styles were blended and became what is known today as Shotokan Karate.

This introduction to karate teaches both the physical training and the mental philosophy necessary for karate mastery. The book also

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provides the complete history of karate.

Gichin Funakoshi, "the father of karate," once said that "that ultimate aim of karate lies not in victory nor defeat, but in the perfection of the character of its participants." To support this life-long stance and offer guidance to future

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practitioners, he penned his now legendary twenty principles. While the principles have circulated for years, a translation of the accompanying commentary has never found its way into publication-until now. Master Funakoshi's approach stresses spiritual considerations and mental agility over

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brute strength and technique. Practitioners should not rely on technique alone—striking, kicking, blocking—but must nurture the spiritual aspects of their practice as well. Attend to yourself and the rest will follow, was the message he set for posterity over sixty years ago. As axioms, Funakoshi's principles

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are open to various interpretations. "There is no first attack in karate" has occasioned endless discussion about its true meaning. Many of these ambiguities are clarified in the commentary, which is also filled with philosophical musings, fascinating historical episodes, and advice for anyone seeking a better

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Way. Translated for the first time into English by John Teramoto, a karate practitioner himself, and accompanied by original calligraphy, this long-awaited treatise is a provocative read and, for martial arts enthusiasts, a long overdue godsend.

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The Essence of
Okinawan Karate-Do
presents the teachings of
legendary martial arts
master Shoshin
Nagamine, founder of
the Matsubayashi school
of Shorin-ryu karate-do.
Used for generations as
a practical and pictorial
guide, it contains over
1,000 photographs to
document eighteen

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classic karate kata
(preset forms) and seven
yakusoku kumite
(prearranged partner
exercises), as well as
basic techniques. This
book is a precise and
easily accessible pictorial
guide to performance
and perfection of
traditional karate. The
only book in English
with photos of one of
the great prewar masters

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demonstrating the proper execution of Okinawan karate, The Essence of Okinawan Karate-Do is a bridge between karate's legendary past and the practitioners of today. This ingenious and imaginative text explains the historical landmarks in the development of style, vividly outlines its

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kyobun The Master Text
leading forms and techniques, and recalls noted Okinawan karate men of the past, including the author's teachers Ankichi Arakaki, Choki Motobu, and Chotoku Kyan.

A concise yet comprehensive history of traditional Okinawan and Japanese karate, with biographies of the

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great karate masters

This concise-yet-comprehensive history of traditional Okinawan and Japanese karate includes authoritative biographies of the great karate masters of the past and the philosophical issues they faced as karate changed and evolved. Bringing a fresh understanding to the study of the martial

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arts, Mark I. Cramer dispels many of the often-repeated martial-arts myths as he details the lineages of the modern styles of karate and describes the social, cultural, and political events that influenced them. While most books focus on a single style of karate or the biography of just one of the great teachers, this book offers

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Kyohan: The Master Text
a well-researched and detailed overview. By bringing all of this knowledge together in one volume, Cramer—an award-winning inductee into the USA Karate Federation 's Hall of Fame—fills a crucial gap.

Now available for the first time in English,

Page 55/67

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Tales of Okinawa's Great Masters, the late Shoshin Nagamine's groundbreaking work, recounts the legacy and life histories of Okinawa's greatest martial artists. In addition to profiles of the legendary tegumi wrestlers, Nagamine-sensei features many of the world's great karate masters, including the

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founder of the core
styles from which
modern karate sprang.

Tales of Okinawa's
Great Masters corrects
historical inaccuracies
surrounding Okinawan
martial arts and brings
alive the greatest of the
great masters. In this
seminal martial arts
history and biography,
Nagamine-sensei
presents the martial

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Legacy of the Okinawan people and, to complement and emphasize what is of greatest importance in these tales and life histories, concludes with detailed instructions for the practice of zazen (sitting meditation). Already a classic in the Japanese edition, Tales of Okinawa's Great Masters is a must-read

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for all karate and tegumi enthusiasts, practitioners and researchers alike.

Instructions and photographs clarify the ancient martial art's fundamental stances and techniques as means to achieving flexibility, strength, coordination, and agility of body and mind

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Karate-do Nyumon
literally means a passage
through the gates of the
Karate way-in other
words, an introduction
to the world of Karate.
Karate-do Nyumon is
the result of Master
Funakoshi's wish to
clarify Karate thought
and practice for those
who know nothing
about it. It comprises
unpublished writings

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from the years before his death in 1957, together with simplified kata-sequences of movements-synthesized by Funakoshi from the traditional Okinawa Karate-do kata, for beginners. Master Funakoshi begins by exploding some of the myths of Karate:

"Karate-do is a noble martial art, and the

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reader can rest assured that those who take pride in breaking boards or smashing tiles, or who boast of being able to perform outlandish feats like stripping flesh or plucking out ribs, really know nothing about karate. They are playing around in the leaves and branches of a great tree, without the slightest concept of the

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trunk." In his description of what Karate is, the Master describes the history of Karate-its origins in the ancient methods of unarmed combat in China, and its growth as a fighting method in Okinawa, a country where arms were banned in a succession of decrees from the Japanese mainland. In

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order to prevent it being subjected to control, or more importantly, to prevent the Japanese overlords from knowing and using the techniques, the practice of Karate was kept a secret. To preserve this secrecy, the habit persisted until very recent times of keeping no records. Master Funakoshi, however,

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Recognized in this book
and others the need to
formulate the kata
precisely, so as to
establish a standard of
true Okinawan Karate.
The kata in this book
are not traditional kata,
but they serve to
establish the correct
habits of stance, thought
and action, and to
facilitate the eventual
mastery of the true

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Karate-do kata. All these special kata are clearly explained and illustrated by photos.

Lastly, Master Funakoshi recalls stories of men who were living legends when he was a youth in Okinawa, men whose reputations overcame even the secrecy that clung to Karate until the middle of this century.

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