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Mirroring People The New Science

As The New York Times reports: "The discovery is shaking up numerous scientific disciplines, shifting the understanding of culture, empathy, philosophy, language, imitation, autism and psychotherapy.". Mirroring People is the first book for the general reader on this revolutionary new science. ...more.

Mirroring People: The New Science of How We Connect with ...

MIRRORING PEOPLE: The New Science of How We Connect with Others User Review - Kirkus. An intriguing but often impenetrable look at mirror neurons, specialized brain cells that the author believes enable us to empathize with others. Mirror neurons are the chameleon cells of the brain ... Read full review

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There are few people working on the science of Mirror Neurons today: Antonio Damasio (author of *The Feeling of What Happens: Body and Emotion in the Making of Consciousness* and *Descartes' Error: Emotion, Reason, and the Human Brain*), Giacomo Rizzolatti (author of *Mirror Neurons and the Evolution of Brain and Language (Advances in Consciousness Research, 42)*) and Vittorio Gallese (author of *Mirrors in the Brain: How Our Minds Share Actions, Emotions, and Experience*) being some of the most ...

Mirroring People: The Science of Empathy and How We ...

mirroring people the new science of how we connect with others written by marco iacoboni is an incredibly interesting read based on new research on mirror neurons though there are some technical terms

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mirroring people the new science of how we connect with others Aug 31, 2020 Posted By Andrew Neiderman Public Library TEXT ID c625ad05 Online PDF Ebook Epub Library empathy and how we connect with others written by marco iacoboni discusses the role of mirror neurons and how they are necessary for interaction between people

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Mirroring People: The New Science of How We Connect with Others: Iacoboni, Marco: Amazon.sg: Books

Mirroring People: The New Science of How We Connect with ...

Mirroring People: The Science of Empathy and How We Connect with Others, written by Marco Iacoboni, discusses the role of mirror neurons and how they are necessary for interaction between people. Iacoboni is a Neurologist and Professor of Psychiatry and Biobehavioral Sciences at UCLA.

Mirroring People: The New Science of How We Connect with ...

Mirroring People: The New Science of How We Connect With Others, written by Marco Iacoboni, is an incredibly interesting read based on new research on mirror neurons. Though there are some technical terms that made it a little difficult for a non-neuroscientist to understand, the author keeps it light and easy-to-read for the most part.

Mirroring People: The New Science of How We Connect with ...

'Mirroring People: The New Science of How We Connect With Others' By Marco Iacoboni. ... but the face beside me in the mirror tells me that my lovely wife is off to a good start. One glance at my ...

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Mirroring People: The New Science of How We Connect with ...

I enjoyed Mirroring People, it is a fascinating insight into the world of brain research and its discoveries. Although dealing with very complex science, Iacoboni makes his experiments very accessible with careful explanation and a firm hand in keeping technical jargon to a minimum.

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“Mind reading” mirror neurons seem to have properties that are relevant to all these aspects of social cognition. As The New York Times reports, “The discovery is shaking up numerous scientific disciplines, shifting the understanding of culture, empathy, philosophy, language, imitation, autism, and psychotherapy.” *Mirroring People* is the first book for the general reader on this revolutionary ...

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Mirroring People: The Science of Empathy and How We Connect with Others 1st (first) Edition by Iacoboni, Marco published by Picador (2009) Marco Iacoboni. Paperback. 20 offers from £26.89. *The Myth of Mirror Neurons: The Real Neuroscience of Communication and Cognition*. Gregory Hickok.

Mirroring People: Amazon.co.uk: Iacoboni, Marco: Books

Aug 29, 2020 *Mirroring People: The New Science of How We Connect with Others* Posted By Horatio Alger, Jr. Library TEXT ID c625ad05 Online PDF Ebook Epub Library MIRRORING PEOPLE THE NEW SCIENCE OF HOW WE CONNECT WITH OTHERS

Mirroring People The New Science Of How We Connect With ...

Mirror neurons also help us learn by imitating, from newborns who instinctively copy facial gestures to adults learning a new skill. The author cites studies suggesting that when mirror neurons don't work properly, as in autism, encouraging imitative behavior, or social mirroring, can help.

What accounts for the remarkable ability to get inside another person's head—to know what they're thinking and feeling? "Mind reading" is the very heart of what it means to be human, creating a bridge between self and others that is fundamental to the development of culture and society. But until recently, scientists didn't understand what in the brain makes it possible. This has all changed in the last decade. Marco Iacoboni, a leading neuroscientist whose work has been covered in *The New York Times*, the *Los Angeles Times*, and *The Wall Street Journal*, explains the groundbreaking research into mirror neurons, the "smart cells" in our brain that allow us to understand others. From imitation to morality, from learning to addiction, from political affiliations to consumer choices, mirror neurons seem to have properties that are relevant to all these aspects of social cognition. As *The New York Times* reports: "The discovery is shaking up numerous scientific disciplines, shifting the understanding of culture, empathy, philosophy, language, imitation, autism and psychotherapy." *Mirroring People* is the first book for the general reader on this revolutionary new science.

Draws on recent scientific findings in neuroscience to introduce the concept of mirror neuron "smart cells" that enable a person's ability to understand fellow humans, in an account that evaluates the role of mirror neurons in a range of aspects from morality and addiction to political affiliations and consumer choices.

Includes a new Afterword by the Author What accounts for our remarkable ability to get inside another person's head--to know what he or she is thinking and feeling? Marco Iacoboni, a leading neuroscientist, explains the groundbreaking research into mirror neurons, the "smart cells" in our brain that allow us to understand others. From imitation to morality, from political affiliations to consumer choices, mirror neurons are relevant to myriad aspects of social cognition. *Mirroring People* is the first book for the general reader on this revolutionary new science.

An essential reconsideration of one of the most far-reaching theories in modern neuroscience and psychology. In 1992, a group of neuroscientists from Parma, Italy, reported a new class of brain cells discovered in the motor cortex of the macaque monkey. These cells, later dubbed mirror neurons, responded equally well during the monkey's own motor actions, such as grabbing an object, and while the monkey watched someone else perform similar motor actions. Researchers speculated that the neurons allowed the monkey to understand others by simulating their actions in its own brain. Mirror neurons soon jumped species and took human neuroscience and psychology by storm. In the late 1990s theorists showed how the cells provided an elegantly simple new way to explain the evolution of language, the development of human empathy, and the neural foundation of autism. In the years that followed, a stream of scientific studies implicated mirror neurons in everything from schizophrenia and drug abuse to sexual orientation and contagious yawning. In *The Myth of Mirror Neurons*, neuroscientist Gregory Hickok reexamines the mirror neuron story and finds that it is built on a tenuous foundation—a pair of codependent assumptions about mirror neuron activity and human understanding. Drawing on a broad range of observations from work on animal behavior, modern neuroimaging, neurological disorders, and more, Hickok argues that the foundational assumptions fall flat in light of the facts. He then explores alternative explanations of mirror neuron function while illuminating crucial questions about human cognition and brain function: Why do humans imitate so prodigiously? How different are the left and right hemispheres of the brain? Why do we have two visual systems? Do we need to be able to talk to understand speech? What's going wrong in autism? Can humans read minds? *The Myth of Mirror Neurons* not only delivers an instructive tale about the course of scientific progress—from discovery to theory to revision—but also

provides deep insights into the organization and function of the human brain and the nature of communication and cognition.

When we witness a great actor, musician, or sportsperson performing, we share something of their experience. It become clear just how this sharing of experience is realised within the human brain. This text provides an accessible overview of mirror neurons, written by the man who first discovered them.

Feed Your Brain Tastier than a twizzler yet more protein-packed than a spinach smoothie, Brain Candy is guaranteed to entertain your brain—even as it reveals hundreds of secrets behind what’s driving that electric noodle inside your skull. These delicious and nutritious pages are packed with bits of bite-sized goodness swiped from the bleeding edge of brain science (including the reason why reading these words is changing your hippocampus at this very moment!) Shelved alongside these succulent neurological nuggets are challenging puzzles and paradoxes, eye-opening perception tests and hacks, fiendish personality quizzes and genius testers, and a grab bag of recurring treats including Eye Hacks, Algebraic Eight Ball, iDread, Wild Kingdom, and Logic of Illogic. Should you look between these covers and inhale the deliciously cherry-flavored scents of knowledge within, you will grow your grey matter while discovering:

- Why you should be writing bad poetry
- The simple keys to brain training
- What trust smells like
- The origins of human morality
- Why expensive wine always tastes better
- The truth about brain sweat
- How your diet might be making you dumb
- The secrets of game theory
- Why economists hate psychology
- The mental benefits of coffee and cigarettes
- How to really spot a liar
- Why you can’t make me eat pie
- The benefits of daydreaming
- Four simple secrets to persuasion
- Why your barin’s fzzuy ligoc alowls you to raed this
- How to brainwash friends and family
- The science of body language
- What pigeons know about art ...And much, much more.

Beginning with the seemingly simple act of seeing red, this brilliantly unsettling essay builds toward an explanation of why consciousness makes compelling evolutionary sense. From sensations that probably began in bodily expression to the evolutionary advantages of a conscious self, Seeing Red tracks the "hard problem" of consciousness to its source and its solution, a solution in which the very hardness of the problem may make all the difference.

“A landmark book in the science of emotions and its implications for ethics and human universals.”—Library Journal, starred review In this startling study of human emotion, Dacher Keltner investigates an unanswered question of human evolution: If humans are hardwired to lead lives that are “nasty, brutish, and short,” why have we evolved with positive emotions like gratitude, amusement, awe, and compassion that promote ethical action and cooperative societies? Illustrated with more than fifty photographs of human emotions, Born to Be Good takes us on a journey through scientific discovery, personal narrative, and Eastern philosophy. Positive emotions, Keltner finds, lie at the core of human nature and shape our everyday behavior—and they just may be the key to understanding how we can live our lives better. Some images in this ebook are not displayed owing to permissions issues.

The aim of this book is to bring together social scientists, cognitive scientists, psychologists, neuroscientists, neuropsychologists and others to promote a dialogue about the variety of processes involved in social cognition, as well as the relevance of mirroring neural systems to

those processes. Social cognition is a broad discipline that encompasses many issues not yet adequately addressed by neurobiologists. Yet, it is a strong belief that framing these issues in terms of the neural basis of social cognition, especially within an evolutionary perspective, can be a very fruitful strategy. This book includes some of the leading thinkers in the nascent field of mirroring processes and reflects the authors' attempts to till common ground from a variety of perspectives. The book raises contrary views and addresses some of the most vexing yet core questions in the field – providing the basis for extended discussion among interested readers and laying down guidelines for future research. It has been argued that interaction with members of one's own social group enhances cognitive development in primates and especially humans (Barrett & Henzi, 2005). Byrne and Whiten (1988), Donald (1991), and others have speculated that abilities such as cooperation, deception, and imitation led to increasingly complex social interactions among primates resulting in a tremendous expansion of the cerebral cortex. The evolutionary significance of an imitation capability in primates is matched by its ontological consequences.

Emotional Intelligence was an international phenomenon, appearing on the New York Times bestseller list for over a year and selling more than five million copies worldwide. Now, once again, Daniel Goleman has written a groundbreaking synthesis of the latest findings in biology and brain science, revealing that we are “wired to connect” and the surprisingly deep impact of our relationships on every aspect of our lives. Far more than we are consciously aware, our daily encounters with parents, spouses, bosses, and even strangers shape our brains and affect cells throughout our bodies—down to the level of our genes—for good or ill. In *Social Intelligence*, Daniel Goleman explores an emerging new science with startling implications for our interpersonal world. Its most fundamental discovery: we are designed for sociability, constantly engaged in a “neural ballet” that connects us brain to brain with those around us. Our reactions to others, and theirs to us, have a far-reaching biological impact, sending out cascades of hormones that regulate everything from our hearts to our immune systems, making good relationships act like vitamins—and bad relationships like poisons. We can “catch” other people's emotions the way we catch a cold, and the consequences of isolation or relentless social stress can be life-shortening. Goleman explains the surprising accuracy of first impressions, the basis of charisma and emotional power, the complexity of sexual attraction, and how we detect lies. He describes the “dark side” of social intelligence, from narcissism to Machiavellianism and psychopathy. He also reveals our astonishing capacity for “mindsight,” as well as the tragedy of those, like autistic children, whose mindsight is impaired. Is there a way to raise our children to be happy? What is the basis of a nourishing marriage? How can business leaders and teachers inspire the best in those they lead and teach? How can groups divided by prejudice and hatred come to live together in peace? The answers to these questions may not be as elusive as we once thought. And Goleman delivers his most heartening news with powerful conviction: we humans have a built-in bias toward empathy, cooperation, and altruism—provided we develop the social intelligence to nurture these capacities in ourselves and others.

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